



IRC Fall Residency Seminar

Theme: *High Priorities – Acute Cases and GI Care in Naturopathic Practice*



Date: Saturday, October 25, 2025



Location: Seattle, WA (Renton Technical College, Building H, Room 102-103)



Audience: Residents, Site Directors, Students, Faculty, and Sponsors



Format: In-Person | CE Credit Eligible for Keynote Sessions Only



Schedule

Time	Session
9:30–10:00 AM	Arrival & Breakfast (sponsored + informal networking)
10:00–10:15 AM	Welcome & Orientation (Jashar + INM Staff)
10:15–11:30 AM	Keynote #1 Dr. Lela Altman: <i>"GI in Focus – A Primer on Acute & Chronic Connections"</i> Foundations of GI complaints, pattern recognition, and layered diagnostics.
11:30–11:40 AM	Sponsor Round Robin #1 Brief (non-CE) segment where select sponsors reflect on how their products/services relate to keynote themes.
11:40–12:45 PM	Panel #1 - Moderated by Dr. Sabrina Kimball: <i>GI-Related Case Study</i> Extended panel discussion of a single GI case evolving from acute to complex. Panellists Include: Dr. Megan Taylor, Dr. Joy Naumann, and Amy Kosowski (Sr. Manager, Science and Regulatory Affairs, NOW Health Group)
12:45–1:45 PM	Lunch & Networking (Released for lunch in the area; back at 1:45)

- 1:45–3:00 PM** **Keynote #2 - Dr. Joy Hardison:** *"Acute Cases in Primary Care – What Every ND Should Know"*
Overview of common urgent care presentations, red flags, and triage decisions.
- 3:00–3:10 PM** **Sponsor Round Robin #2**
Post-keynote engagement from sponsors linked to GI support.
- 3:10–4:15 PM** **Panel #2 - Moderated by Dr. Lily Stokely:** *"Rapid Fire: Real Acute & Emergency Cases in ND Clinics"*
Fast-paced panel exploring multiple real-world cases and treatment decisions.
Panellists Include: Dr. Constance Ohlinger, Dr. Bill Warnock,
- 4:15–4:45 PM** **Collaboration, Questions & Dialogue** (Moderated by IRC Executive Committee)
Table and Open discussion among panelists, directors, and attendees on applying takeaways in real clinics. Includes Q&A, integrative dialogue, and key points from the day.
- 4:45–5:00 PM** **Closing Remarks & Sponsor Appreciation** (Jashar + INM Team)
- 5:00–6:00 PM** **Post-Seminar Reception** (light food + drinks; sponsored by **Protocol for Life Balance**)